

ReachOut Report

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Version:	1



INTRODUCTION

“The ultimate goal the ReachOut project shares with its partners is for Rotherham to be a safe and supportive place for children of all communities to grow up - a place where families and communities have the information and support they need to confidently safeguard their children, and where young people are less vulnerable, make positive choices and enjoy healthy relationships.

In order to achieve this goal ReachOut believes that all children and young people need healthy relationship education – while more vulnerable young people need targeted support to raise their awareness, aspirations and self-esteem and to access help before problems escalate and thereby reduce the need for statutory interventions

ReachOut aims to contribute to the further development of a culture of trust between agencies and communities. It seeks to build the capability of professionals, develop sustainable support to effectively to combat CSE.” -

Barnardo’s ReachOut Internal Evaluation Report Year Two

University of Bedfordshire - February 2018

1 INDIVIDUAL REFERRALS *(See Appendix 4)*

ReachOut has received referrals for 1:1 support for over 260 vulnerable children since the beginning of the service in 2016. Typically children referred to the service are struggling with a number of issues indicating increased vulnerability to a range of poor outcomes including sexual exploitation. However the rationale for the request for service from ReachOut is commonly due to concerns around inappropriate/unsafe relationships, online safety and image sharing. Inevitably as the work progresses additional vulnerabilities are often identified.

From 1st October 2017 to 10th March 2018 there have been 39 new referrals. Of those referred 85% are aged 11-15yrs but we are also receiving a number of enquiries from primary schools concerned about children's online safety and their access to pornography.

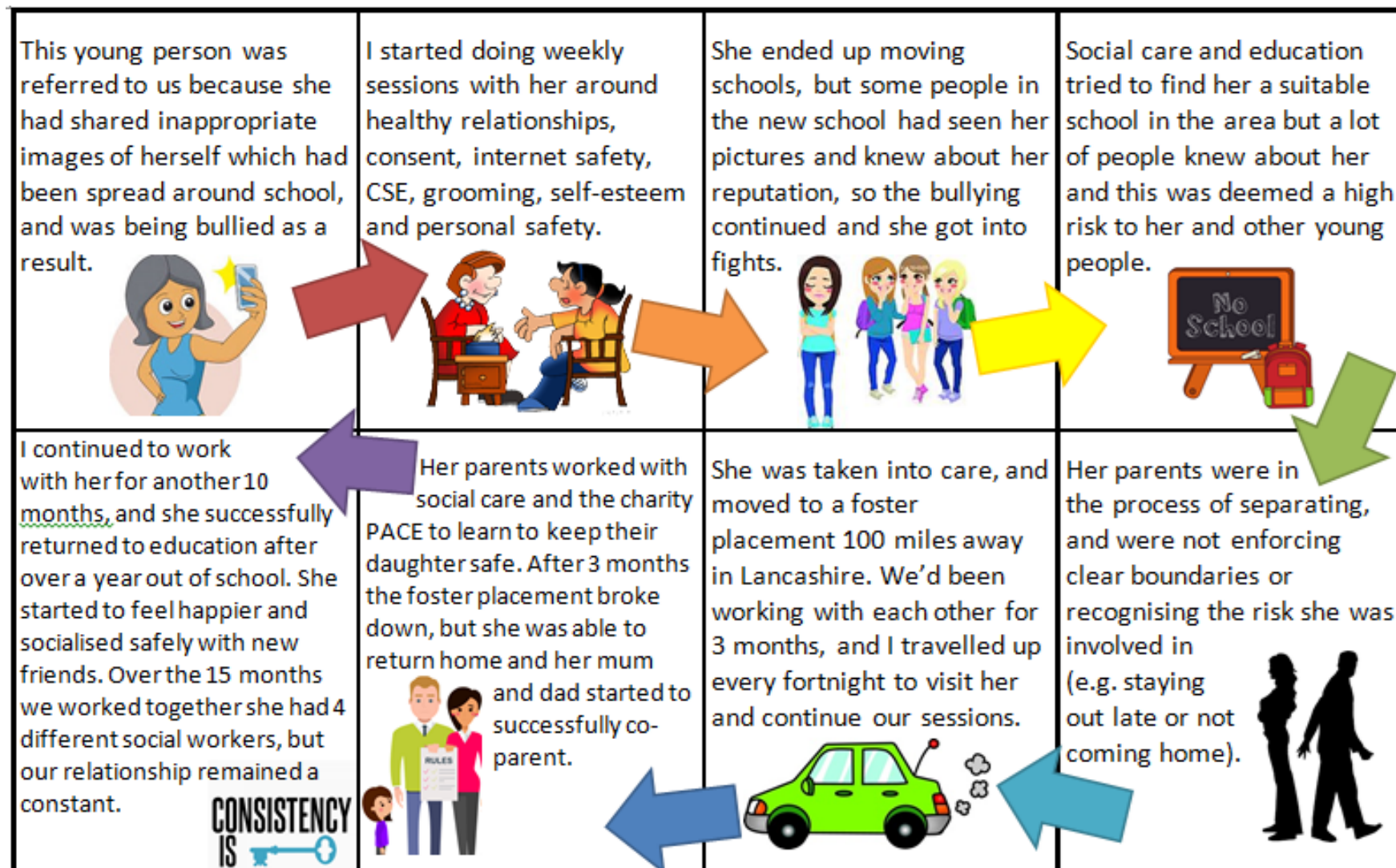
Our referrals are received from a range of partners but Early Help and Children's Social Care accounted for 26% and 36% respectively between the 1st October 2017 and 10th March 2018. 20% of referrals were received from local Schools; 15% from other statutory agencies and 3% from family members.

All ReachOut practitioners now offer an Early Help Assessment with the aim of identifying holistic support for families. This is incorporated into the services recording protocol.

From 1st October 2017 to 10th March 2018 ReachOut have worked with 110 children. Of those 110 13 have been boys and 9 children from BME communities; 12 children are recorded as having an identifiable disability including 6 with a learning disability; 4 assessed as having an autistic spectrum disorder; 1 with a physical impairment and 1 with mental health issues.

The team have been working hard on the delivery plan for the year ahead to focus on increasing the number of self-referrals, referrals from boys, those identifying as LGBTQ and children from BME communities particularly Pakistani heritage families.

Case Study Example



2 WORK WITH SCHOOLS

As of March 2018, 2,314 Children have attended the Real Love Rocks programme in both primary and secondary schools. Rotherham currently has 85 primary and 16 secondary schools within the borough.

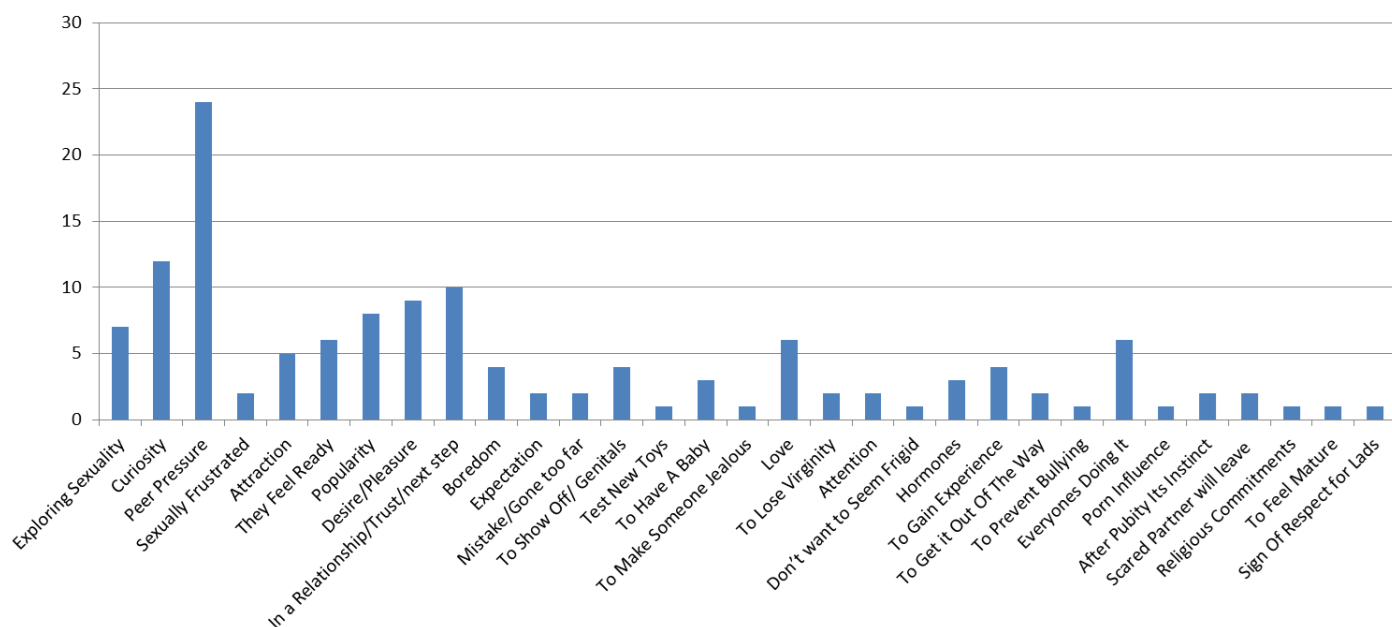
Direct delivery has recently been completed to a special school. The sessions were delivered to 12 pupils and were extended to an eight week period in order to meet the additional learning needs of the students. There are plans to offer sessions to other special schools and Pupil Referral Units.

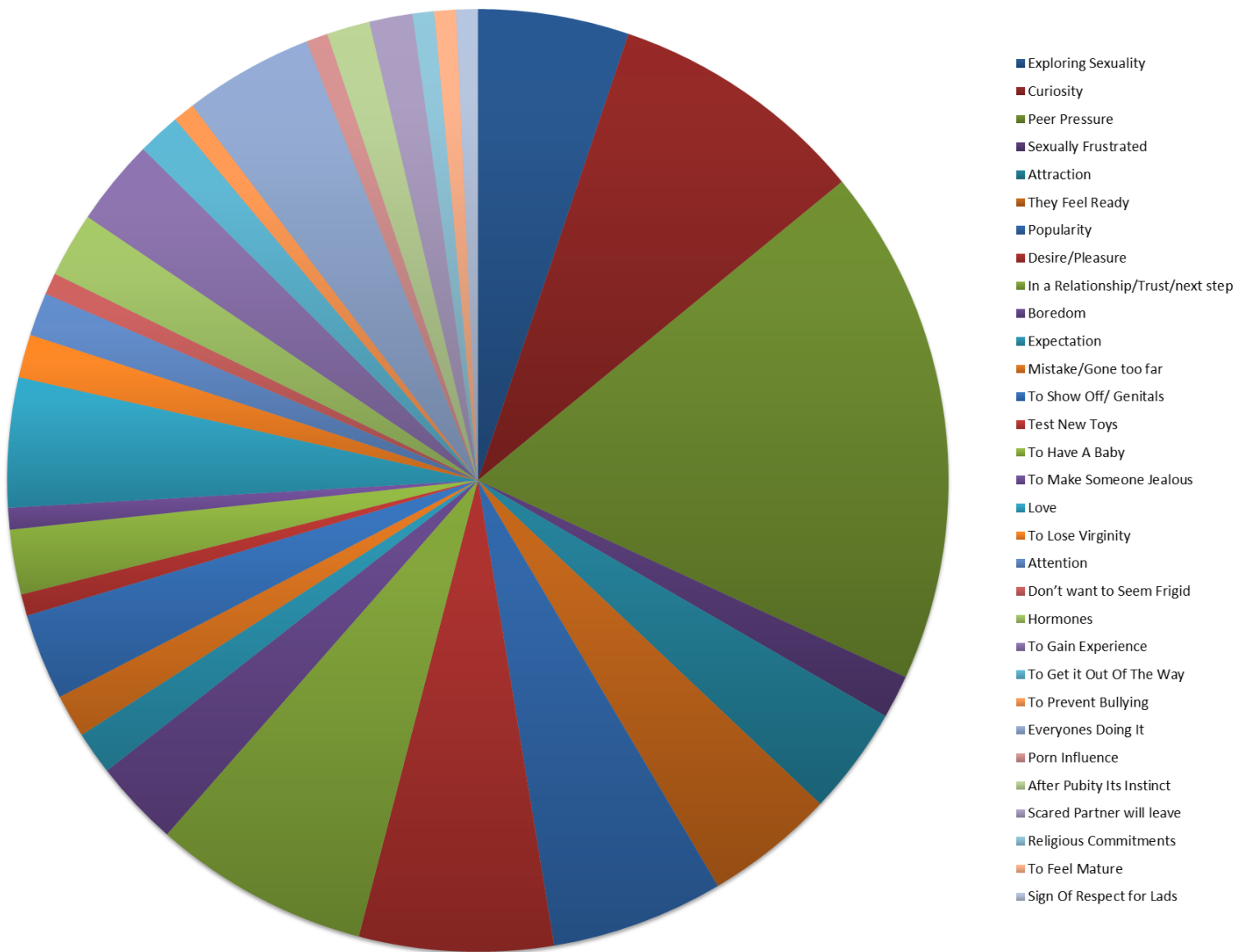
ReachOut have also completed 4 assemblies delivering awareness raising CSE sessions to 820 year 7/8 pupils since October 2017. In addition the team has hosted a drop in on 6th February 2018 at Dinnington High School which was attended by 70 pupils.

Between January and February 2018 ReachOut have worked in partnership with Early Help to deliver CSE awareness raising to over 180 year 9 pupils in Rawmarsh Academy. Students worked in groups discussing several topics such as how to access local health services, delaying sexual activity, healthy relationships, internet safety and the reasons why young people embark on sexual relationships for the first time (see graphs below). Since the sessions have taken place, it has been reported by Early Help that the number of young people attending their local health clinics has increased. Also, as a result of this work, two young people were referred to the service, one as self-referral and one via social care following a disclosure to the CHAT clinic.

Below are illustrations of some of the work covered with Rawmarsh Academy students showing the answers given by young people (in their groups) to the following question?

Q: what are the reasons for having sex for the first time?





It can be noted that 'peer pressure' was the most frequent answer, followed by 'curiosity' and 'in a relationship'.

The feedback received through evaluations was positive from both pupils and teachers.

I have learnt how to be safer in the future

It was great and I now know what to do if I am in trouble

Very engaging and full of useful information. It made me feel as though I am safe to ask questions

It was informative and I can use this information to protect my friends

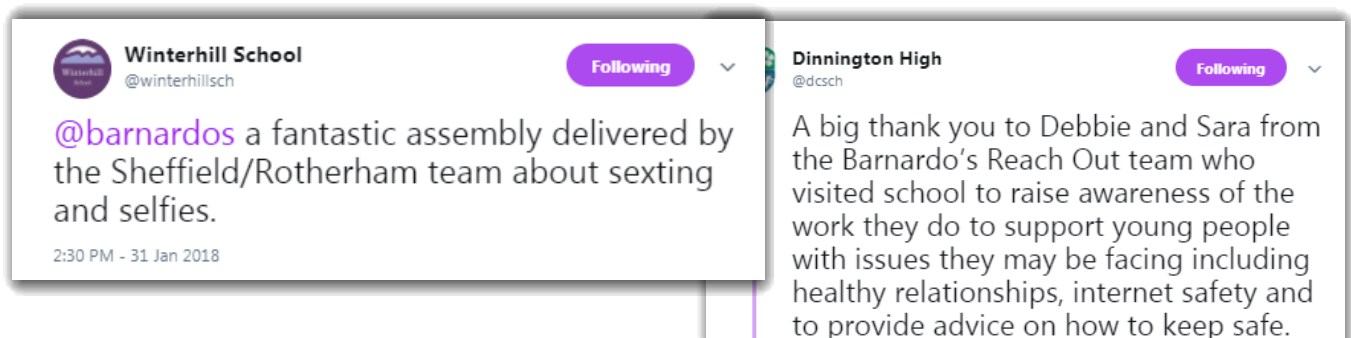
By the end of March over 300 year 7 pupils will have attended a CSE Super Day at Wales Academy where the ReachOut team will deliver CSE awareness raising.

Since the start of the project RLR has been delivered to 11 out of 16 Secondary Schools in Rotherham which means that 1,331 pupils out of 3,318 in years 8 have received the programme. This equates to 40% of all year 8 Rotherham pupils.

RLR has been delivered to 22 out of 85 Primary Schools in Rotherham which means that 873 pupils out of 3,178 in year 6 have received the programme. This equates to 27% of all year 6 pupils in Rotherham.

In addition to this schools work the service was approached by Rotherham College who requested work around Healthy Relationships and CSE awareness for Art & Design (including Graphic Design and Fashion Design), and Hospitality departments. We have reached 81 learners out of 129 learners (62.8%) aged between 16 to 19 years. There are plans for additional sessions in the summer.

Feedback from Primary and Secondary Schools



Young People Feedback

I have learnt a lot about child sexual exploitation that I didn't know in the past and generally interesting

Thank you Sarah, Sara and Debbie for helping me to feel at home and find a better me

It was very informative and interesting

Always made me feel welcome and cared about

Teacher Feedback

Sarah and Debbie have been amazing! They have adapted the sessions to suit the needs of the learners

It was adapted using both primary and secondary schemes of work so that it was meaning for all learners

I was really proud of our young people's engagement and learning

It is so important that all young people with SEN learn about keeping safe and healthy relationships

Train the Trainer – RLR

Following the success of Real Love Rocks delivery in schools ReachOut continues to focus on a Train the Trainer programme to encourage schools to deliver the programme themselves. We have continued to support the roll out with schools and feedback has been positive. Since October 2017 Real Love Rocks has been delivered to 25 professionals including teaching and support workers.

As a result of the roll out of Real Love Rocks, two Secondary Schools have purchased the RLR programme from Manchester to deliver to their pupils as part of their curriculum.

All schools who received Train the Trainer will be offered ongoing support from the ReachOut Team to ensure the delivery model is appropriate to the needs of young people and that staff within the schools feel they have the right tools and guidance to support delivery. Schools and other agencies delivering the Real Love Rocks sessions have been asked to sign an agreement so they are part of the ongoing evaluation of the preventative education work in schools which the University of Bedfordshire will continue to evaluate.

The tables below identify which schools and agencies have undertaken the second delivery of Train the Trainers in October.

Primary Train the Trainer	
<u>Name of School or establishment</u>	<u>Number of attendees</u>
6th October	
Maltby Redwood	1
Meadow View Primary	2
Thrybergh Primary	2
Rotherham Creative Learning Centre	1
Herringthorpe Junior School	2
East dene primary	1
Rockingham School	1
Thorpe Hesley Primary	1
Brampton Ellis Primary	2
Hilltop	1
Eastwood Village Primary	2
Total: 11	Total: 16

Secondary Train the Trainer	
9th October	
Hilltop Special School	1
Brinsworth Academy	1
Rawmarsh community school	1
Chislett Centre (KPCP)	2
18th January	
Wingfield School	4
	Total: 9

There is currently a reserve list for schools wishing to have train the trainer training. Our aim over the next 6 months is to ensure those on the reserve list are able to complete the training and following this, we will evaluate whether further train the trainer sessions are needed in the Rotherham area.

3 OUTREACH

The mobile unit enables ReachOut to have a visible presence in priority areas and hot spot areas and events across the town. The mobile unit is used as part of the Outreach Programme and enables the Team to engage with Children and Young people within their own communities.

Current Outreach Programme			
Event/Group	Frequency	Where	Reason For Targeting
Action Housing drop in	Weekly	Action Housing - Rawmarsh	Targeted outreach for YP who may be vulnerable due to housing needs
Girls Group	Weekly	Clifton Learning Partnership	Weekly engagement session with young women who are in a priority area

CLP Youth Club	Weekly	Clifton Learning Partnership	Weekly open access sessions in partnership with CLP and Early help in priority location
Rotherham Young Carers	Every 6 weeks	ReachOut	Awareness raising sessions on CSE every 6 weeks for vulnerable group of young people who are young carers
Ferham Outreach	Weekly	Ferham Park	Weekly engagement session with Children and Young People in Ferham. Activities include internet safety, healthy relationships, keeping safe and positive activities.
KeepSafe Operations	In response to intelligence	Various locations in Rotherham	Responding to intelligence and supporting KeepSafe Operations.
Living Life to the Full	Weekly	Dinnington High School	To improve emotional and mental health of young people attending the LLTF course.

Taxi Driver Training

ReachOut has been working in partnership with RMBC Taxi Licensing Officers to deliver Safeguarding CSE awareness raising sessions. Since October 2017 the service has delivered sessions to 48 new Taxi Drivers and there are plans to continue with this collaboration going forward. Plans are for the training to be rolled out for existing Taxi Drivers on renewal of their licence.

LGBTQ – Safezone

ReachOut are now even more involved in the planning of Rotherham Pride, with a member of our staff being the Pride committee's official lead for Youth Engagement. The committee has grown this year and the Pride event is going to be bigger than ever, featuring a Pride parade for the first time in Rotherham. As well as attending the monthly Pride planning meetings, we have also helped to plan fundraising events throughout the year to raise money and awareness for Pride, such as a Christmas market and an LGBT History Month quiz. Being part of Pride is a great opportunity for multi-

agency work, and at this year's event we will be running the young people's area in collaboration with MyPlace and the Rainbow Project, and are consulting young people as to what resources, equipment and support they would like in this area. We are also recruiting young volunteers to support in the young people's area and providing training for them prior to the event.

ReachOut's LGBTQ lead has also recently delivered a training session to staff to update them on recent developments that are relevant to working with and supporting LGBTQ young people. Staff gave excellent feedback and saying that this was a very useful session.

The Photography Project

We have been working alongside Clifton Learning Partnership who were awarded funding by People's Postcode Lottery to complete a photography project entitled "This is me, who are you".

The project aimed to look at different perspectives of Eastwood, through the medium of photography and for participants to create photographs which help them express their feelings about Eastwood and what they like about the area.

The final exhibition will take place at ROAR, Westgate, S60 1AN from 27th March to 6th April. The exhibition will also be made available for people to view at the central library in Riverside House during the summer holidays and we plan to display some of the young people's photographs here at Nightingale Court.



Participation Event

A Participation Consultation Event took place on 14th February 2018 and was attended by 22 children known to the ReachOut service. The children and young people had the opportunity to engage with a carousel of workshops to learn more about the potential participation activities that could be provided by Barnardo's and were then asked to say which, if any they would be interested in. The workshops included:

- A book of voices
- Young person's interview panel
- E-Safety ambassador
- Different but Equal board
- Young person's newsletter
- Pride volunteers

Although a full evaluation of the day has not yet taken place, the verbal feedback from children and young people who attended was that they enjoyed the event and were interested in a number of the participation opportunities that were showcased on the day. Attendees have also asked when the next event like this will be taking place, as they enjoyed having the chance to meet other young people.

Technology-Assisted behaviour (Sexting/Internet)

ReachOut is working collaboratively with The Junction Harmful Sexual Behaviour Service and our Digital Safeguarding Consultant to develop an online resource for young people who have offended or behaved inappropriately online. This interactive resource is now being piloted with service users and should be ready for wider use in late 2018. It is hoped that this resource will be of benefit to practitioners in both preventative and specialist services and can be used in an individual or group work setting.

4 VOICE AND INFLUENCE

ReachOut has continued to directly support the development of our voice and influence partnership consisting of a wide range of statutory and voluntary organisations and Different but Equal Board comprising of young people from each of the organisations. ReachOut have contributed our resources and funding to enable young people to organise several events. These have included a film of the Different but Equal journey which was launched at a wonderful event at the Carlton Park Hotel on 2nd November. The Different but Equal members decided they wanted to present the film in the guise of a film premier which was attended by representatives from a range of Rotherham statutory and voluntary agencies. More recently the board organised an award ceremony in celebration of the achievements of

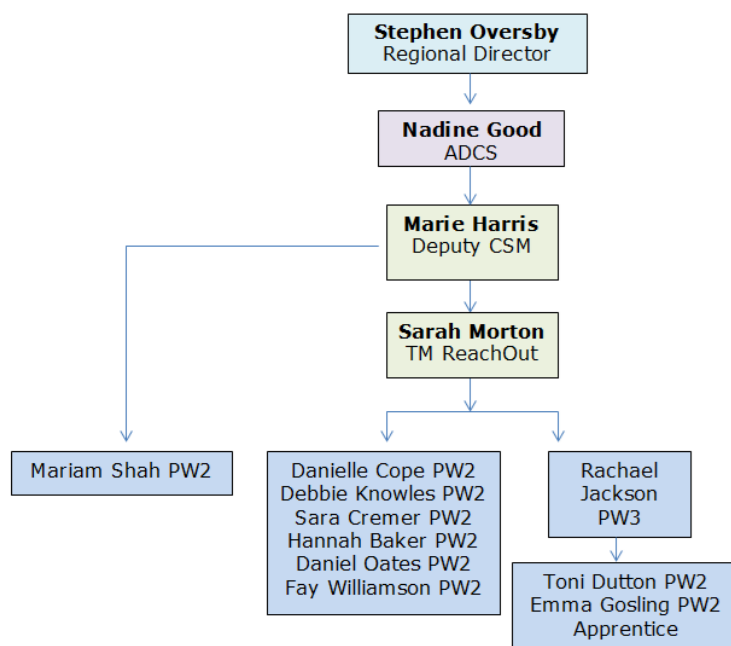
the children of Rotherham nominated by the various services working with them. All events have been extremely successful in boosting the self-esteem and confidence of children and young people from Rotherham many of whom have felt the negative spot light both on them and their town. Our service involvement has also given us the opportunity to speak with an established group of children and young people to gain insight on helping shape service delivery.



ReachOut have recently successfully appointed a Youth Engagement Worker through the Barnardo's Apprenticeship scheme to continue developing the extraordinary participation work with children and young people in Rotherham. The apprentice will gain a level III Diploma for the Children and Young People's Workforce (City and Guilds) and will be part of ensuring that we continue to capture and act on the 'voice of the child'.

5 REACHOUT TEAM AND WORKFORCE DEVELOPMENT

Due to changes amongst the ReachOut team we have realigned the management structure to provide continuity over the year ahead. We internally have recruited a Project Worker 3 to support the management team. We are confident that we will continue to maintain the quality and diversity of the ReachOut Team.



Key

ADCS- Assistant Director Children's Services
CSM- Children's Services Manager
TM- Team Manager
PW- Project Worker

The team have continued to benefit from professional development opportunities including the following training since the last report:

- Digital Safeguarding
- Early Help Master Class
- Brief Interventions Substance Misuse
- CSE BAMER Toolkit
- Trauma training
- Child Protection 2
- Court training

ReachOut staff have also benefitted working on cases being managed by the Junction which includes first-hand experience of complex cases involving Sexual Harmful Behaviour; this has provided high experience

insight into how to manage complex cases as well as developing their working knowledge of offending behaviour in CSA from a very young age.

Engagement with Children from BAMER Communities

Although it has been recognised that the service has undertaken effective community engagement work with children and young people from the Roma/Slovak communities in Eastwood and Ferham we have not had the same success in engaging with local Asian families. We have recently been successful in recruiting a Community Engagement Worker. Mariah Shah is a respected and active member of local Asian community groups and forums. She has extensive knowledge and experience of the BAMER communities and the issues they experience in the town. The plan of work is for Mariam to engage with these communities to identify need and support to enable us to raise awareness about CSE. This work is very culturally challenging and sensitive work.

Another key role for the community engagement worker will be the development of a CSE Toolkit specifically designed to work with BAMER families to raise awareness of the Sexual Exploitation of Asian girls and young women in Rotherham. This is a new and exciting piece of work currently being developed.

Securing convictions

Since the last report convictions and sentencing related to Sonya have been finalised (Sonya's story was discussed during the last Board meeting). Three perpetrators were found guilty of offences against Sonya and four other children – 2 of whom were supported by the service including; sexual activity with the child; engaging a child in sexual activity; inciting a child; causing a child to watch a sexual act; sexual assault of child and rape of a child. Sentences in total were 27 years. There are two pending court cases relating to Sonya in March 2018. She has been supported leading up to the court cases as well as during them and will continue to be supported after the hearings.

6 FINANCIAL STATEMENT

As at March 2018, the ReachOut budget is on target. There has been financial monitoring of the service budget by Barnardo's financial teams, in line with Barnardo's internal financial audit process.

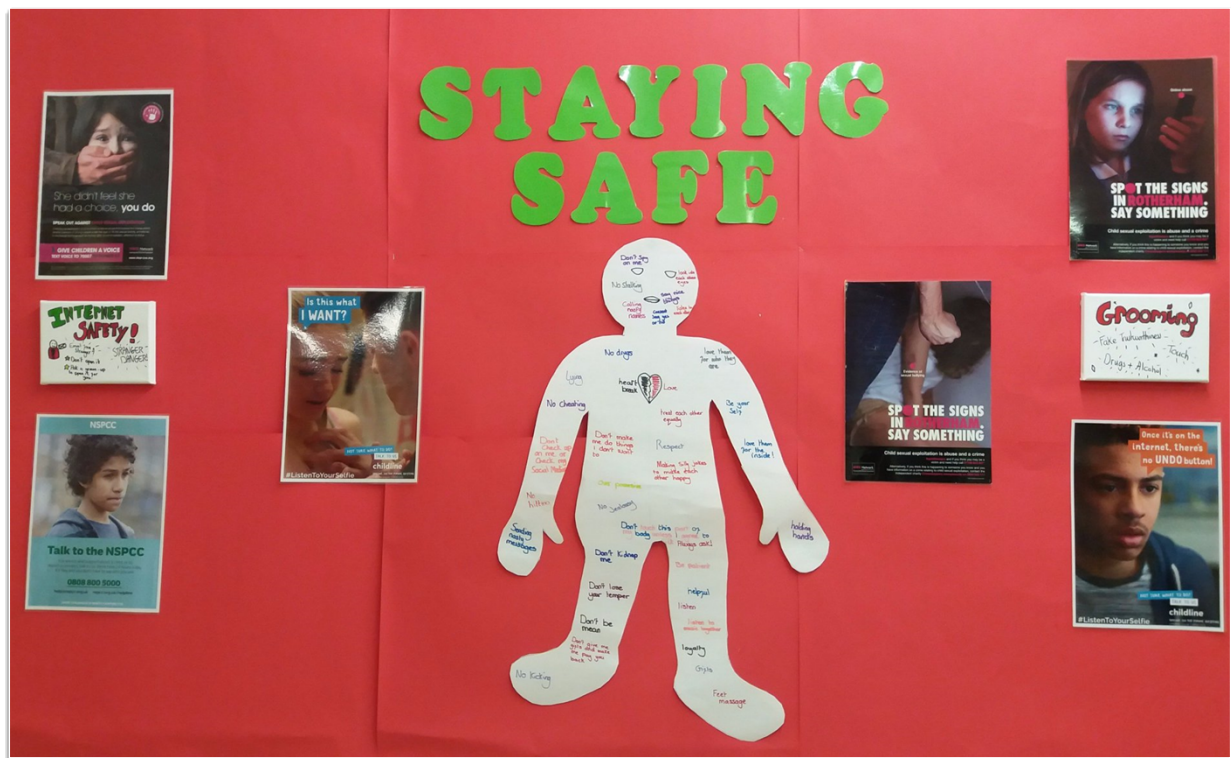
7 CLOSING REMARKS

Now in our third year of the ReachOut project, staff remain focused and committed to building on our achievements and continuing with the delivery of effective approaches influenced by the findings of the independent evaluation.

We thank members of our Team who have recently moved on for their much valued contribution to the development of the service and wish them well in their new ventures. We are especially grateful to Karen Goddard and wish her well in her early retirement. Karen has been a key driving force in developing the service through her dedication to working with children, young people and families. We will be advertising for her replacement soon. In the meantime, Marie Harris as Deputy Children's Service Manager is continuing to lead the team.

The support and guidance provided by members of the ReachOut Board and wider partners has been very much appreciated by all the team.

Appendix 1 – Examples of Direct Work



Appendix 1 – Reachout Report

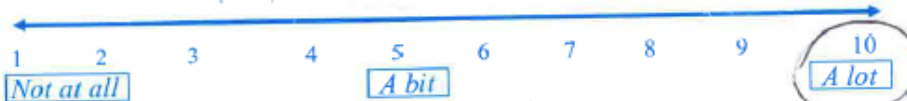
Appendix 2 – Young People Feedback

Barnardo's Satellite

Name (optional)

1.

How much do you think Barnardo's helped you sort out the behaviour that people were worried about?



Do you want to say any more about this?

It has helped with my Self esteem and Confidence.

2.

How many of the activities in your sessions were helpful to sort out the behaviour that people were worried about?



Activities that helped...

I have learnt what a healthy relationship is.

Activities that didn't really help...

3.

What were the best things about working with Barnardo's?

i could open up to Jo about my worries

What do you think we could do better when working with young people?

nothing, as my worker was great!!

Do you have any ideas about how we could have done things different?

4.

Think back to when you were told a worker from Barnardo's was visiting, draw or write how you were feeling.

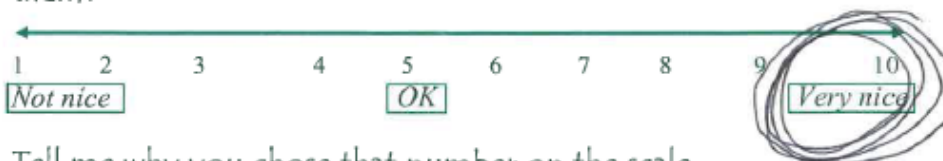
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—

Now the worker has finished, draw or write how you are feeling now.

I am quite upset as I have bonded and have alot of confidence in speaking to Jo, but I know she will be helping other young people. ~~and me~~

5.

How nice was your worker during your time working with them?



Tell me why you chose that number on the scale.

She was happy to let me go at my own pace.

6.

If someone you knew needed our help, what would you say to them about Barnardo's?

that they wouldn't pressure you into talking to them but it really help as it is all confidential

Thank you 😊

Parents/carers comments.....

My daughters worker is a fantastic lady who has been there for myself + my daughter whenever we have needed her, my daughter has built up a ^{good} relationship with her, and I know ~~she~~ ^{my daughter} is going to miss working with her. Thankyou for everything it is really appreciated!!

😊.

Ba out

Name (optional) .

1.
How much do you think Barnardo's helped you sort out the behaviour that people were worried about?

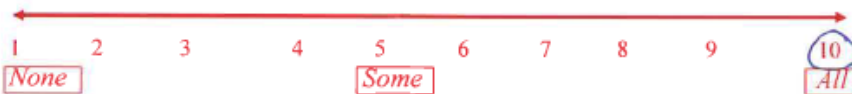


Do you want to say any more about this?

Barnardo's made me see life from a different light which helped me create a better friendship with my family and others around me.

2.

How many of the activities in your sessions were helpful to sort out the behaviour that people were worried about?



Activities that helped...

writing a list of people I had to contact and things I have to do.

Activities that didn't really help...

3.

What were the best things about working with Barnardo's?

Been able to talk to someone who will take the time to listen.

What do you think we could do better when working with young people?

Do you have any ideas about how we could have done things different?

4.

Think back to when you were told a worker from Barnardo's was visiting, draw or write how you were feeling.

When I was first told I was working with Barnardo's I was in a dark place and I could not find a way out.

Now the worker has finished, draw or write how you are feeling now.

Now I am in a stable port in my life where I am confident to do it on my own.

5.

How nice was your worker during your time working with them?



Tell me why you chose that number on the scale.

gave attention when needed. listened to anything I had to say. Furthermore helped me solve any issue I was dealing w. it.

6.

If someone you knew needed our help, what would you say to them about Barnardo's?

Good supportive help when you need it.

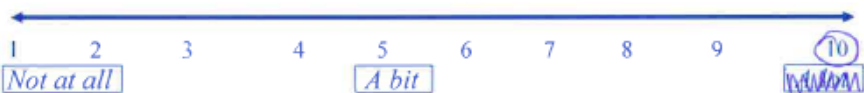
Thank you 😊

Parents/carers comments.....

Barnardo's Reachout

1.

How much do you think Barnardo's helped you sort out the behaviour that people were worried about?



Do you want to say any more about this?

no but if I need any help in the future I can ring but I will still be coming to groups.

2.

How many of the activities in your sessions were helpful to sort out the behaviour that people were worried about?



Activities that helped...

going out and talking about things or going back to Barnardo's and taking in school

Activities that didn't really help...

3.

What were the best things about working with Barnardo's?
everything!

What do you think we could do better when working with young people?

Nothing it is already good! what you do with young people.

Do you have any ideas about how we could have done things different?

We to talk one to one or you can have your teacher there.

4.

Think back to when you were told a worker from Barnardo's was visiting, draw or write how you were feeling.

They was fine because at least I had someone to help me.

Now the worker has finished, draw or write how you are feeling now.

I am fine but if I need anyone I will be in touch.

5.

How nice was your worker during your time working with them?



Tell me why you chose that number on the scale.

because she help me and did a lot of different work with me.

6.

If someone you knew needed our help, what would you say to them about Barnardo's?

you would need to get in touch with them because they are very nice they will help you.

Thank you 😊

Parents/carers comments.....

Mum was in bed when we got to the house because sister was ill. chelsea said mum thinks she is less gobby now, does well at school and behaves better.

Appendix 3 – Professionals Feedback



Barnardo's ReachOut/Satellite Services Professional Feedback Form

Name of the Young Person	M
Referring Agency/Name	Rotherham College
Name and Agency completing the feedback form	D Cornwell Rotherham College
Date	6/3/2018

What difference is or has our intervention made to the young person?
Huge difference, the service here at College can only support internally so the external advocacy and support has been vital for M.
What worked well?
Debbie (practitioner) made herself available to M on a regular basis and also managed some ad hoc sessions when M was in crisis. The relationship between Debbie and M was excellent and this rapport was key to the success of the intervention. The family work that Debbie did was also very useful and this cannot have been easy as M's Father could sometimes present as quite challenging.
As a service what are we good at?
Very accessible and a fairly easy referral process. Practitioner was allowed the time to make a real connection, fostering the rapport and trust needed to do the work.
What do you think we could do better/change in the future?
Service was quite quick to take up the referral anyway, but anything that improves the speed of engagement would be welcomed.



Dear Sarah

I am writing to you to provide feedback on D who I understand works for you within the Barnardos organisation,

By way of introduction, my wife and I, K and G are foster carers in the Rotherham area of South Yorkshire. In 2017 we were foster carers for K, a 16 year old girl, for 6 months before she moved in to semi-independent living at Future 19 in Doncaster. During the time that K was with us D was involved with supporting K. We came to know D well over that period, he was a person that had developed an excellent relationship with K, she trusted him and spoke highly of him to us. At the same time the work he did with K prepared her well for semi-independent living, increasing her awareness of the risks around CSE.

D also developed a great working relationship with us, the work he did also increased our awareness and the information has been useful both in dealing with other children in our care as well as our own kids. D is open and personable and develops a rapport with all he comes in to contact with. We have worked with a number of professionals within child care but D stands out in our minds as a person prepared to go the extra mile to provide a level of support and care that was a pleasure to behold.

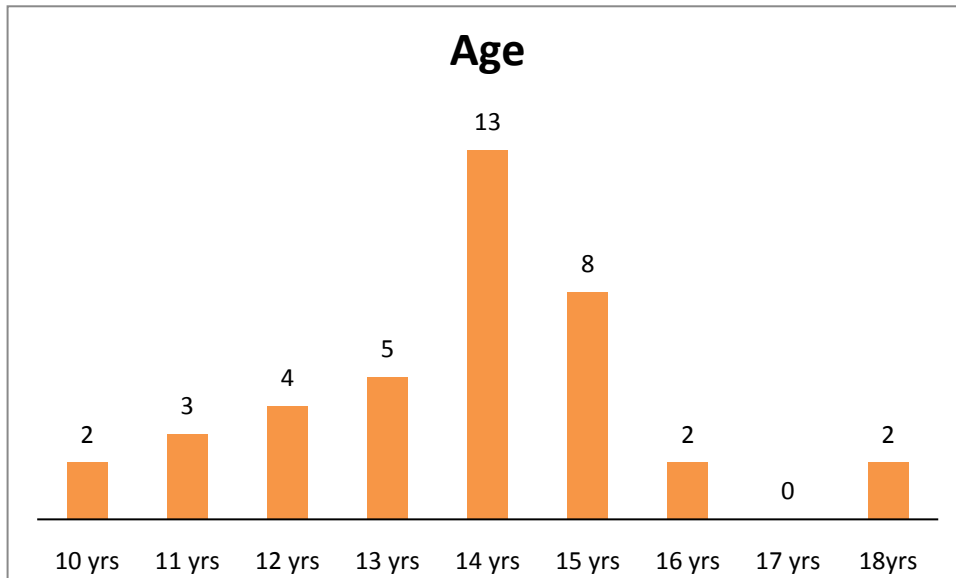
If you require any further information then please do not hesitate to get in contact.

Thanks

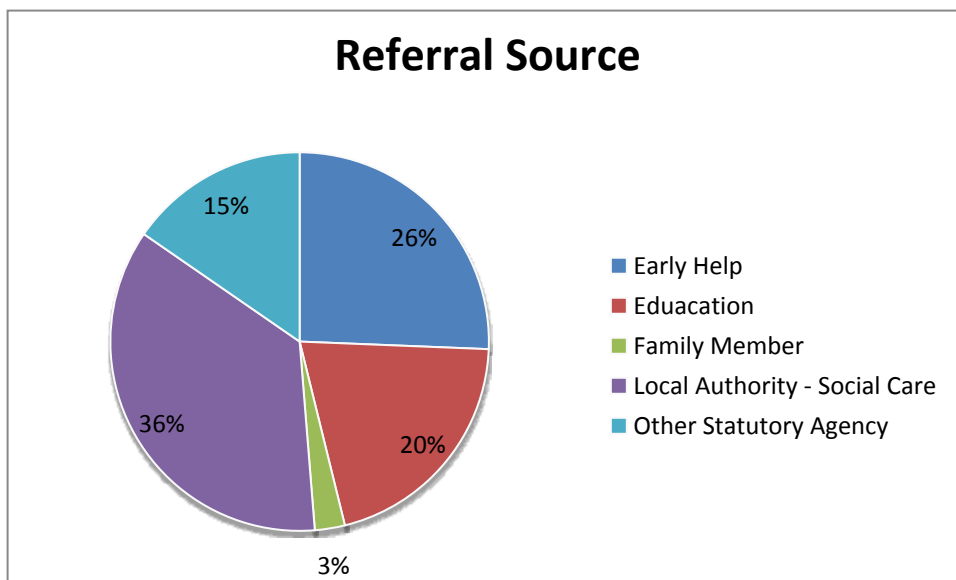
G and K

Appendix 4

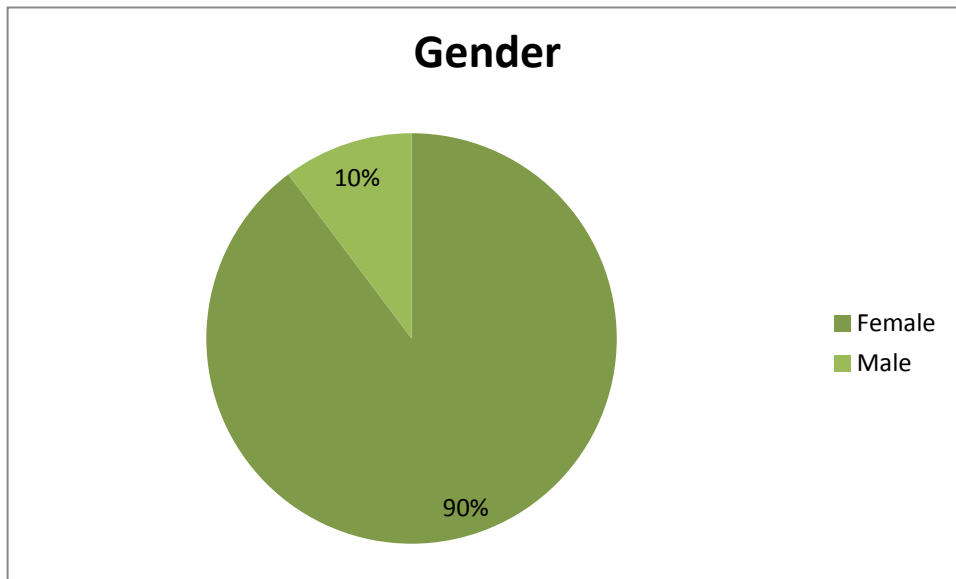
Individual Referrals (1st October 2017 – 10th March 2018)



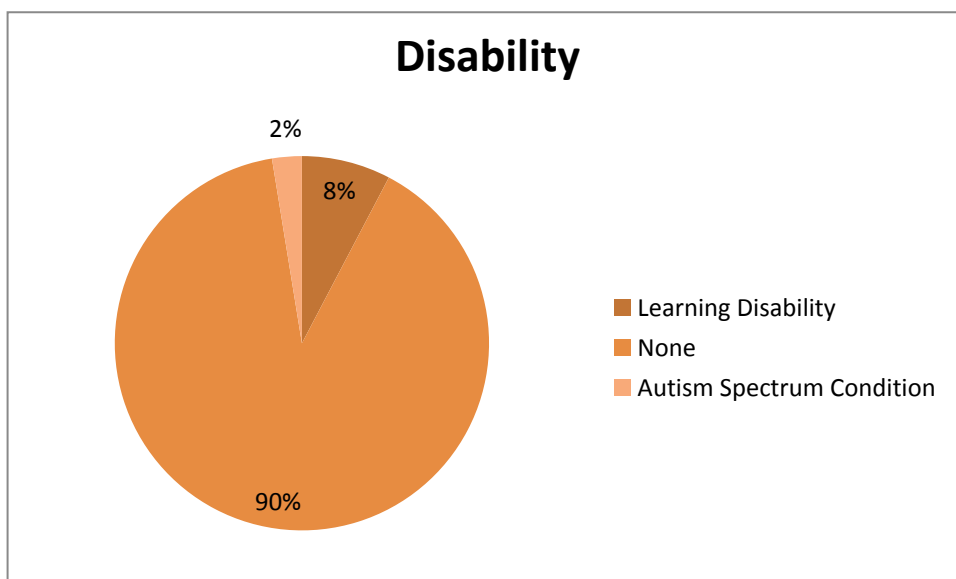
Graph 1. Age



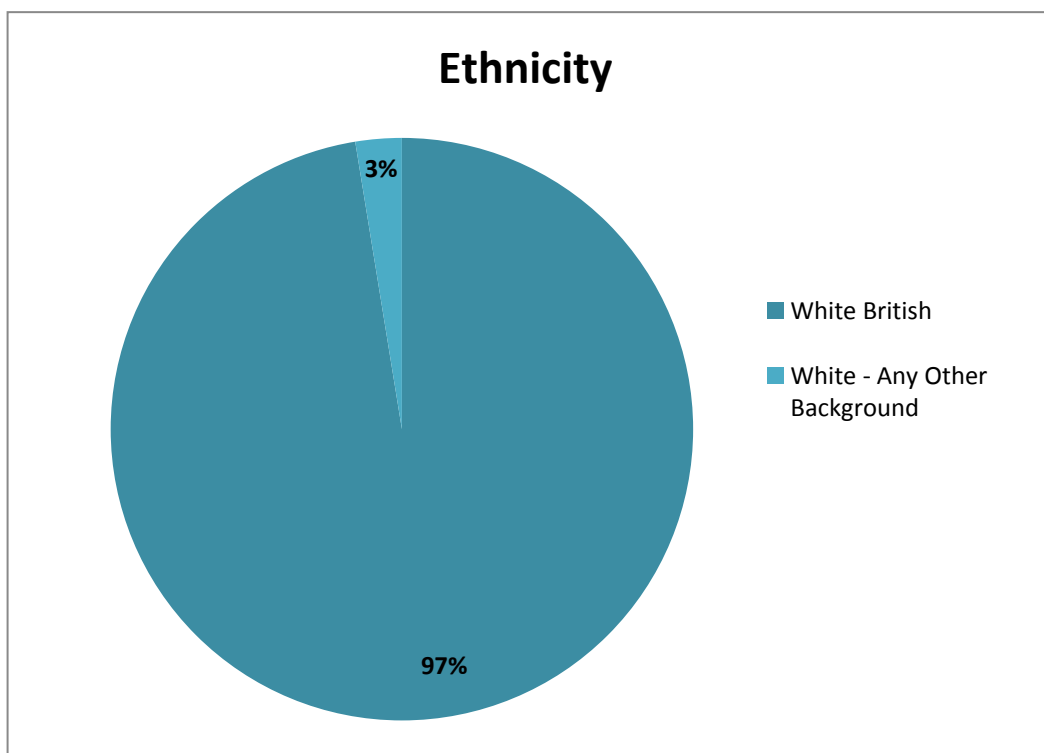
Graph 2. Referral Source



Graph 3. Gender



Graph 4. Disability



Graph 4. Ethnicity